

My relationship with God has flourished

"They 5150'd me because I was suicidal. I felt like I just didn't want to live." —MEGAN

Section 5150 is a section of the California Welfare and Institutions Code which, in part, authorizes a qualified clinician to confine a person when they become a danger to themselves.

A little over a year ago, Megan was one such person...until your help changed everything.

Read more on page 2

Breaking the cycle of poverty

INSIDE

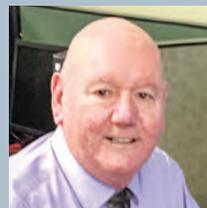
You are not alone

2



A lifetime of assisting

3



Fostering mental health

3



From the heart of Jonathan

Jonathan Anderson
Executive Director

“He heals the brokenhearted and binds up their wounds.”
—PSALM 147:3

You are not alone

Mother Teresa said, “Loneliness is the greatest poverty in the world.” Honestly, we sometimes have 300-400 lonely and hurting people come into our building at one time.

And how do you make someone not feel alone? In addition to providing them with basic essentials, our dedicated staff and volunteers attempt to give our brothers and sisters in need a “voice.”

Even more than food and medicine, the individuals we serve often simply desire someone who can sit with them and let them know, “You’re not alone...I want to hear your story.”

That’s why partnering with Good News Rescue Mission is so intimately generous. When you support caregivers like Diane (featured in this newsletter), you not only provide health, nutrition and comfort, you help restore the spirit of a human being who was once lost, like Megan.

You continue to be the hands and feet of Jesus, allowing our staff to mimic His love, as in Psalm 147:3. As I read, “*He heals the brokenhearted and binds up their wounds,*” I think to myself...that is exactly what I see your generosity do every single day in this humble building.

Thank you. And may God bless you for reminding those who feel forgotten that they are indeed saved...and loved.

Blessings,

Jonathan Anderson, Executive Director

continued from the cover

Saving souls

After separating from her longtime partner, Megan felt completely alone and fell into a deep depression. There, she succumbed to the perils of addiction—a war for her soul that would rage on and off for 14 years.

After making strides through AA courses, Megan gained false confidence—thinking she could clean herself up independently. “I ended up thinking I had this. I thought I could do it on my own.”

But she couldn’t. After falling away from AA friends, Megan relapsed several times and hit rock-bottom when she ended up in the hospital, where she was put on a 72-hour suicide watch. “They 5150’d me (suicide watch confinement) because I was suicidal. I had a breakdown.”

“Do not fear, for I am with you...”

After Megan spent brief stints in the hospital, then a local mental hospital and a crisis recovery program, her health professionals eventually called the Mission.

“I didn’t know where else to go and I went to the Good News Rescue Mission. And I am so grateful for that place. Diane has been an awesome case manager for me,” says Megan. “I was scared, saying, ‘What am I doing here?’” she recalls. “But at night, there were people [like Diane] all around me. She’s one amazing person. She was there to listen to me and give me words of encouragement.”

Today, through services your support provides—like our New Life Recovery Program, academic and job training, and chapel—not only has Megan remained clean, but her relationship with God has flourished. “God has worked tremendously in my life. He made me realize that I’m here for a reason,” Megan says. When asked about her favorite scripture, Megan recited, “Isaiah 41:10. ‘...do not fear, for I am with you.’ He [God] talks about how He has you in His righteous hand and He will be there beside you and hold you through all of this.”

After graduating from our recovery program with the help of people like Diane, amazingly, Megan is now a Good News Rescue Mission employee. As a guest services assistant, Megan helps others escape the same addictions that once jeopardized her own life.

When you support the life-changing work of staff members like Diane, you are literally helping rescue souls and save lives. Your generosity reminds individuals like Megan about their worth and that God is their friend...and so are you. Thank you. And may God bless you for your invaluable partnership.



“I thought I could do it on my own.”—MEGAN*

*Photos on cover and this page have been changed to protect the identity of the client.

A lifetime of assisting

In 1964, as the ink dried on the Good News Rescue Mission’s formation papers, a young man was joining the Marine Corps and preparing to ship off to Vietnam. Nearly 30 years later, he would be featured in the documentary, *In the Shadow of the Wall*, which would go on to win the 1993 Albert duPont award for its portrayal of U.S. veterans.

After the war, this young man embarked on a career in education. With a deep concern for kids, the discipline of a Marine and the persona of Terry Bradshaw, he would win the respect of his students, the accolades of his peers and awards by the dozen.

Thirty-nine years after joining the Corps—and after running multiple schools, writing a couple of books, and earning industry and community recognitions—this Marine took the reins of the Good News Rescue Mission’s Academic Center.

Now in his sixties, and after a short detour to save the lives of countless pets as director of Haven Humane Society, he has come back to the Mission as what he calls “a lowly volunteer” again in the Mission’s Academic Center.

His name is Dr. Ray John. “Most of these men and women have experienced so many failures that they just don’t believe that they can succeed,” he says as he points to a wall full of pictures. “Those pictures are proof that success is possible.”

The pictures he points to are students or former students of the Good News Rescue Mission’s Academic Center. Each

“Seeing a man or woman’s dignity and self-worth restored... those are the stories people need to hear about the Mission.”

—DR. RAY JOHN



photo is accompanied by a label that lists the goals each individual has achieved and is working toward.

Seeing dignity

“Dr. Ray”—as most call him—now helps a new generation of directors at the Mission as they take control and move forward. And, the new team has had success. In the last two years, the Center has helped more than 50 people enter college.

Over 120 people—with help from the Center’s Work Search program—are now self-sustaining and living in permanent housing. Just recently, one of the men came in for a suit in preparation for a job interview.

“Seeing a man or woman’s dignity and self-worth restored, that’s what really makes my day, and those are the stories people need to hear about the Mission,” Ray says.

Fostering mental health in our community

The Stepping Up program



Communities often overlook mental health deficiencies as a root cause for problems like drug addiction and crime.

In response, mental health is key in all Good News Rescue Mission programs. Because there are almost no local government funds designated strictly for mental health recovery, your donations allow Good News Rescue Mission to make it a priority through our Stepping Up program. Recent program achievements include:

- 160 people received mental health assessments and were referred for care
- 99% of students were assessed to look for dual diagnosis (addiction and mental health issues)

It is only through the compassion of people like you that Good News Rescue Mission is able to offer the hope that stems from a reformed heart and mind. Thank you.

Where there's a will [to help], there's a way

Planned giving is one of the most beautiful ways to leave your personal legacy of generosity and love to suffering people. While many associate planned giving only with the monetarily rich, in fact that is not accurate. It's for the rich in heart...and there are many ways to help.

- You can use your Will to give loved ones more than money—you can leave them your values. In fact, most families take comfort in knowing their parents have made a permanent gift to a charity as a way to "endow" the giving they have done year after year.
- Or you might consider naming Good News Rescue Mission as a beneficiary of part of an insurance policy you own.
- You can even split off a specific portion of an IRA or retirement account and designate a charity like GNRM to receive that portion at your death.



These are just a few ways you can make a larger gift than you ever thought possible. If you'd like to learn more about making a planned or legacy gift to Good News Rescue Mission, please contact our Development Officer, Cynthia Cass, at 530-242-5920. May God bless you.

Summer of Hope

Summer brings to mind family vacations, cookouts and trips to Shasta Lake. But for our hungry and homeless neighbors, summer is very different.

Stifling heat leads to dehydration, heatstroke and food poisoning.

Please consider making this a Summer of Hope for those who are struggling. Your special commitment in June, July and August will help provide hearty meals and an open door to all those who need it this summer.

We're grateful for your support—it allows us to continue to offer meals and life-changing programs and services to everyone who comes to our door. For more information please visit us at gnrm.org or call 530-242-5920. Thank you.



News and Events

Legacy and Estate Planning Luncheon: June 19

Your gifts at work

January–May 2015

Your gifts so far have helped provide and make possible:

- 87,000 meals
- 35,000 nights of shelter
- 22,900 articles of clothing
- 18 job placements
- 143 people who found permanent housing

Your donation is critical during these challenging months of summer. Please help us continue to bring new life to people in need!

Stay connected!



YES! I want to help provide meals, shelter and a Summer of Hope for neighbors in need.

I've enclosed: \$15 \$35 \$50 \$150 \$_____

I would like to become a Meals and Hope Partner.
I will give a monthly gift of \$_____. My first gift is enclosed.

To give a gift by credit card, visit us online at gnrm.org or call 530-242-5920.

NAME _____

ADDRESS _____ APT _____

CITY _____ STATE _____ ZIP _____

EMAIL _____ 6N/15



THANK YOU!

Please make your check payable to:
GOOD NEWS RESCUE MISSION
2842 South Market Street
Redding, California 96001-1626

Your gift is tax deductible to the full extent of the law. We will send a receipt for your records.

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